

THE KELLY ADIRONDACK CENTER PRESENTS



The Summits of Forests

The Photography of Kay Flickinger Dockstader and Books of Grace Hudowalski



On May 30, 1948, amid the growing interest in hiking following World War II, Grace Hudowalski and Kay Flickinger Dockstader met with fellow 46ers and founded an organization that would not only establish a roster of those who had completed the challenge but also promote good woods etiquette. Now, as the list totals over 10,000 members, we have chosen to acknowledge two of the women who were there in the beginning and their deep commitment to protecting the natural resources and preserving the wild quality of the Adirondacks.

*"To those who walk softly with a discerning eye
through our mountain area"*

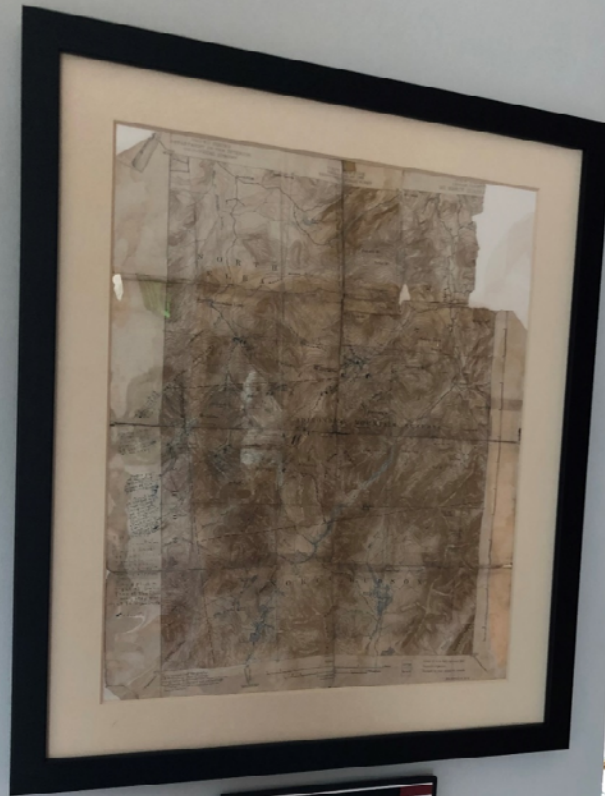
*-Grace Hudowalski, *The Adirondack High Peaks and the Forty-Sixers**



KELLY ADIRONDACK CENTER
AT UNION COLLEGE

Gift of Barbara Flickinger
KAY FLICKINGER DOCKSTADER COLLECTION





"All Maps, New York"
United States Department of the Interior
Geological Survey
1902/1903

USGS topographic maps have been used by surveyors and others for over 100 years. During the course of their usefulness they have replaced by GPS data. The maps are now mostly accurate data and have become data for the future.

This map was first used and used by Ray Charles DeGroot of Caldwell, NY, a member of the Adirondack Association Club and a later member of the Adirondack Association. It is one of the oldest maps of the Adirondack region and is one of the few maps of the Adirondack region that have survived.



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

~~3.~~ ① "Tahawus-the Cloudsplitter"
(Mt. Marcy)

Ruth Tallmadge enjoying
sun + scenery on Wright Peak
2-18-50

In background:

Mt. Marcy (center) and the two
peaks (one sharp, one flat) of Mt. Colden
in front + to right of Marcy. K.T.F.

612

Gift of Karin Gottlieb
KAY FLICKINGER DOCKSTADER COLLECTION



UNKNOWN

Kay Flickinger Dockstader with Bed Roll on the
Marcy Trail, 1938

Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER
American, 1910-1995

Rocky Peak Ridge, 10/19/1946

This photograph of an unknown woman was taken on one of Kay's conservation trips. ADK and the 46ers continue to be committed to responsible stewardship within the Adirondack Park.

The area depicted was burned in a great forest fire that burned for three weeks in 1913. The fire moved up the ridge of Noonmark, over the southern part of Round Mountain to Chapel Pond and up Rocky Peak Ridge. It was followed by strong storms filled with heavy rains that washed much of the soil on the hillside away.

Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER

American, 1910-1995

On Pitchoff Mt., 46ers Weekend 5/31/1948

“The charter meeting of the Adirondack Forty-Sixers held May 30, 1948 was a memorable one topped by a brand new Forty-Sixer, the fifty-fourth on record. Notable was the decision that the list of forty-six Peaks as given in Carson’s Peaks and People of the Adirondack be ‘adopted as official regardless of any correction in altitude of various peaks as may result from the recent survey.’”

Hudowalski, Grace, Gowie, Orville C. 1970.
The Adirondack Forty-Sixers.
Adirondack, NY: The Adirondack Forty-Sixers.



Gift of Erik and Julia Roy

KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

On Mt. Jo, 1/23/1949

On the back of the photograph is written,
“Left to right- Baldwin, Bachli (#33),
Holer, Nelson, Tallmadge, Ferguson,
and Turkalo.”



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER

American, 1910-1995

Orra Phelps (#47) on Owlshead Looking Toward Cascade and Po 10/10/1948

Orra Phelps graduated from Mount Holyoke college in 1918 and taught geology at the University of New Hampshire. She earned her medical degree from Johns Hopkins University in 1927 (one of only 12 women) and completed her internship at Albany Medical Center Hospital in 1928. She taught botany and biology in the Saratoga Springs and Fort Plain School Systems. In December 1943 she received a commission in the United States Naval Reserve as a physician. After the war, she served at the Albany Veterans Administration Hospital. Despite a demanding career, Phelps found time to edit The Guide to the Adirondack Trails, write Mountain Top Flora, contribute many magazine articles on the flora and fauna of the park, develop an 18 acre nature walk area in Saratoga, and hike the Adirondacks. Phelps finished the Northville- Placid Trail when she was 83 years old, a goal she had started working toward 50 years earlier. Her quote in the Mount Holyoke College, Class Notes, of November, 1943 reads, "Many musts to do."

Gift of Erik and Julia Roy

KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER
American, 1910-1995

Scene at the Castle, Whiteface Mt.,
2/5/1949

On the back of the photo is written,
"Nelson in front, Howard and
Bachli (#33)."



Gift of Eric and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

Timberline on Marcy Trail,
2/12/1949



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

On Marcy Summit, 2/12/1949

On the back of this photograph is written
"Ferguson, Lausdowner, Hubes, Swarup
Barbara Jeffrey."



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

On the back of the photograph
is written, "Que l'homme est
petit a l'haute, Wright Peak,
2/27/1949"

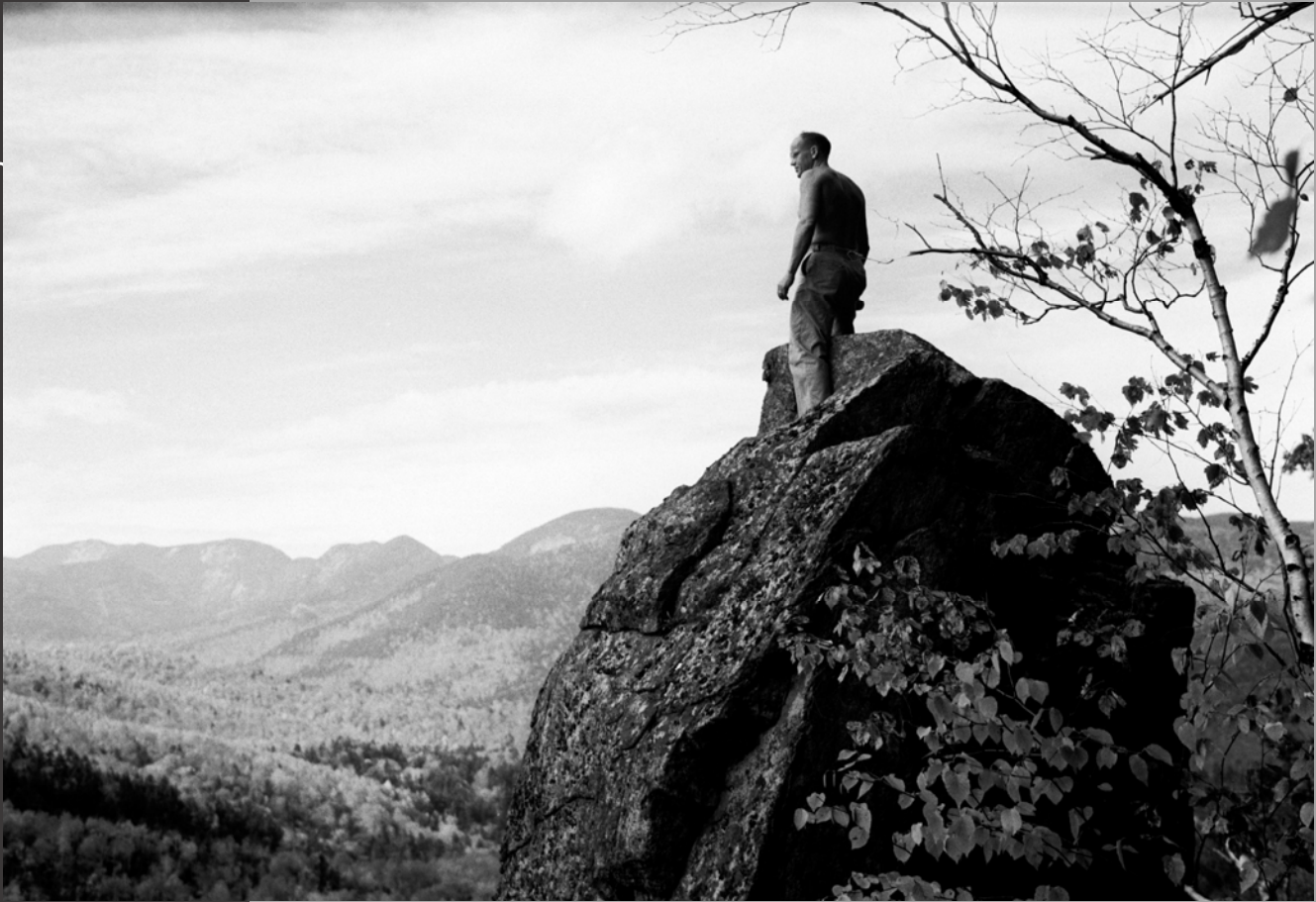


Gift of Eric and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

On the back of the photograph
is written, "Werner (#33) on one
of the Pinnacles on Giant at Chapel Pond
10/8/1950."

In her diary for 1950, Kay has
written of this trip, "Keene Valley
climbed the cliffs at Chapel Pond."



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER

American, 1910-1995

Giant and Rocky Peak Ridge from Sawteeth
10/14/1950

In her diary Kay wrote of this trip,
“ADK-BRL [Food planned by K.F.] 46ers
meeting. Beautiful trip. Left gate at
Ausable Club 5:45- Sawteeth- snow
over 3000' level to Upper Lake- got a
ride over river in guide boat-
out to Elk Lake by 4:00.-
then to Paradox L. for 46ers meeting.”

Gift of Erik and Julia Roy

KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER

American, 1910-1995

ADK All Club Weekend 10/11/1952

On the back of the photograph is written,
"W. Bachli (#33) taking a last look at the
Adirondacks before leaving for South America
next to last peak of Jay Range."

Gift of Erik and Julia Roy

KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER
American, 1910-1995

Lunch on Saddle Mt (Jay Range),
10/11/1952

On the back of the photograph is
written, "ADK All-Club Weekend
Left to Right-
Phyllis Anderson, W. Bachli (#93),
Jeanine Place, Herbert Allen (#96),
R. Tallmadge, W. McLane (#298),
people from Syracuse, Wayne Byrne."

Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER
American, 1910-1995

Indian Face and Colvin from
Foot Bridge Below Dam
at Foot of Lower Ausable Lake,
10/12/1952



Gift of Eric and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER

American, 1910-1995

Bob Wiley(#972) on Gothics Summit,
2/22/1953



Gift of Erik and Julia Roy

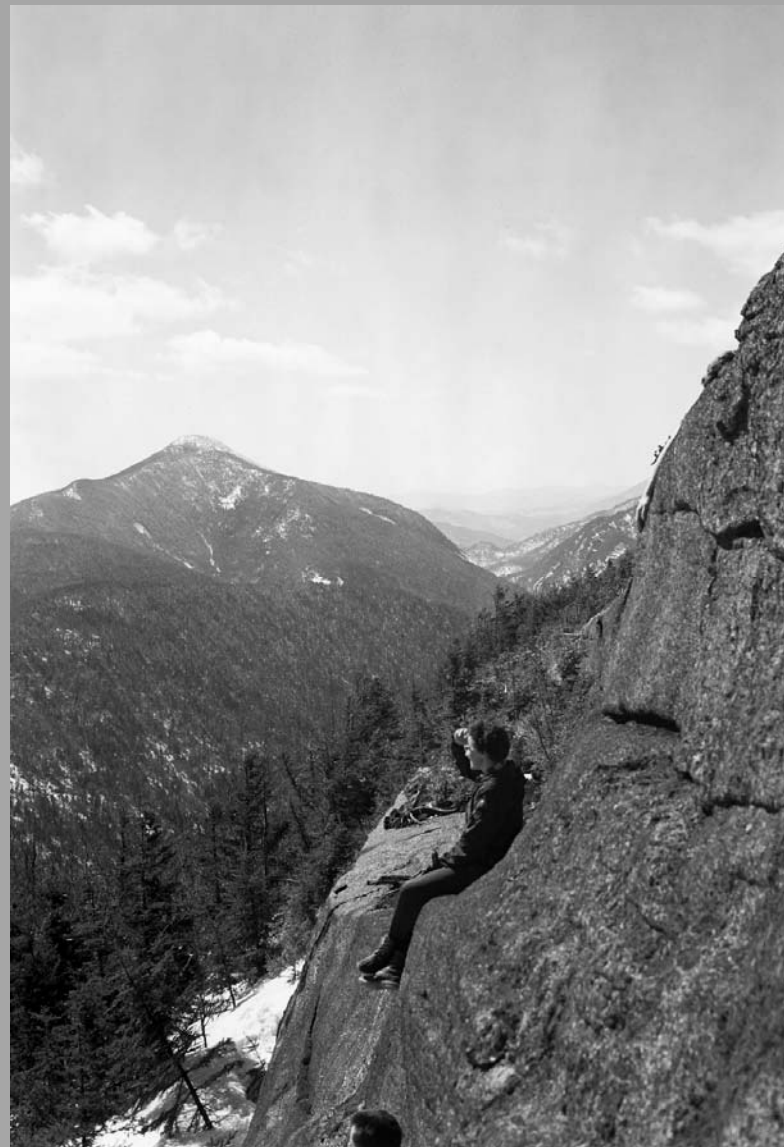
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

Phyllis Anderson on Phelps, 3/21/1953

On the back of the photograph is written,
“Note: John Brown’s area! 80 degrees
on ledge in sunshine! 40 degrees
in shade- below freezing morning
and night (28 degrees)”

Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER

American, 1910-1995

Chet Rice on Marcy- The Big Drift,
5/10/1953

On the back of this is written,
"4:45 pm Excellent skiing. Used
1/10 sec-should have used 1/250 sec."



Gift of Erik and Julia Roy

KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER

American, 1910-1995

Bob Wiley (#972) and
John Brown on
Rocky Peak Ridge,
1/10/1954



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

Bob Wiley (#972) on Summit
of Armstrong, Nippletop and Colvin
in the Background, 2/13/1954

On back of photograph is written,
"Very cold!"



Gift of Eric and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

On Cornice on Gothics, 2/13/1956



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

Long Lake from Emmons, 4/8/1956

Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION



KAY FLICKINGER DOCKSTADER
American, 1910-1995

On Summit of Seward Mt., 4/8/1956

On the back of the photograph is written,
“Left to Right- Dick Haille, KTF,
Ed Bean (#92),
John Siau (#94) (self-timer)”



Gift of Erik and Julia Roy
KAY FLICKINGER DOCKSTADER COLLECTION

KAY FLICKINGER DOCKSTADER
American, 1910-1995

Kay and Dock Dockstader

When Kay retired in 1969 she purchased a home in Galway. She and Dock married in 1971. Kay passed away in 1995. When he passed away in 2006 he left the Dockstader Charitable Trust which funds programs for non-profit organizations in the Galway community. Kay had also purchased pieces of land which are now part of the Saratoga Plan to preserve greenspace in Saratoga County.



Courtesy of Arlene Rhodes

KAY FLICKINGER DOCKSTADER COLLECTION

- Trail notes
- Correspondence
 - Diaries
- Otyokwa Club Year Books
- Annotated maps and pamphlets